

PRANA MARKETING
560 SYLVAN AVE., 1ST FLR
ENGLEWOOD CLIFFS, NJ 07632
P (201) 503-1333 F (201) 503-0424

For Immediate Release

Contact:

Angela Thomas

Prana Marketing

201-503-1333

HYPERLINK "mailto:angela@pranamarketing.com" angela@pranamarketing.com

Trail-Blazing Local Doctor Receives Dardik Research and Education Award

All told, when he is asked to count, Dr. Steve Elias can come up with almost 300 names of doctors he has personally trained in some of the least invasive, most effective vein surgeries in cardiovascular medicine.

In his 22 years as a vascular surgeon, he has made it a point to be on the cutting edge: in the early 80s, he was among the first to publish on the Axillary Vein Valve Transplant technique. Today, he can name to his pioneering credit TriVex (he was one of the first four surgeons in the entire world to perform the procedure), EVLT, Closure, and PAPS (Percutaneous Ablation of Perforators).

Dr. Elias initially became interested in vein surgery when he was a surgical resident, "I was lucky enough to have Dr. Syed Taheri, a pioneer of modern vein surgery, take me under his wing at a time when most vascular surgeons were not the least bit interested in vein disease." Dr. Elias continues, "As a young surgical resident, I was impressed how thankful and happy patients were after treatment. Their typical comment was, 'My doctor told me to just live with it. Thank you for doing something that has made a big difference in my life.' I have kept those comments with me my entire career."

Today, three decades later, he is the Assistant Clinical Professor of Surgery at the Mount Sinai School of Medicine in New York and the Director of the Center for Vein Disease at Englewood Hospital and Medical Center in New Jersey.

Now in his 23rd year at Englewood Hospital, Dr. Elias became the recipient of the Herbert Dardik MD, Research and Education Award. This award is given not just to physicians, but to any individual who brings outstanding service to the medical center; its honorees have hailed from Bergen County to Brazil. Dr. Elias was cited for his commitment to clinical research and innovative programs to train new physicians. "It is truly an honor to be recognized by one of my mentors, Herb Dardik," Dr. Elias said of the award, "His career is a good example of how a surgeon can make a difference in the lives of younger surgeons and in the lives of patients. I had a perfect role model to follow. I hope I continue to have that kind of impact on others."

Surgeons around the Tri-State area from Columbia Presbyterian, New York University, Mount Sinai Medical Center, Long Island Jewish, SUNY at Stony Brook, Lenox Hill Hospital, UMDNJ and Newark Beth Israel have all been trained by Dr. Elias. In addition, surgeons from the Mayo Clinic, Cleveland Clinic, New England Tufts Medical Center, University of Michigan, Australia, Germany, England, and Spain have attended training courses at Englewood with Dr. Elias. The program is the only one of its kind in New Jersey, “We have developed a unique program in suburban New Jersey,” Dr. Elias said, “We are known throughout the country and around the world. Many of our patients do a reverse commute from NYC and many other cities for their vein care.”

The cases Dr. Elias handles on a regular basis range from the treatment of deep venous thrombosis and vein disease complications such as ulcers to the cosmetic management of spider and varicose veins. All procedures are same-day, office or ambulatory surgery; all are performed with the use of local anesthesia. Most procedures are done without any incisions and employ laser, radiofrequency, or chemical energy. A typical duration of treatment is 20-30 minutes. These procedures are minimally invasive or completely non-invasive. Since around 40% of Dr. Elias’ patients see him for cosmetic reasons, the minimally invasive techniques are critical to the success of the procedures’ outcomes.

Dr. Elias also proctors surgeons at their own institutions when they are performing their first minimally invasive vein procedures and, in this capacity, he has traveled to the Mayo Clinic, The Johns Hopkins Hospital, Case Western Reserve, Columbia Presbyterian, Mount Sinai Hospital and Montefiore Medical Center. He has been featured on CNN, Fox News, CBS, NBC and ABC. Dr. Elias is a fellowship-trained vascular surgeon with the Fellow of the American College of Surgeons and a member of the American Venous Forum, American College of Phlebology, Society for Clinical Vascular Surgery, and the International Society of Cardiovascular Surgery.

He publishes regularly and he is committed to seeking out new procedures, teaching other physicians, and giving total vein care to his patients. “Throughout my surgical career, I have followed the same credo: respect elders, embrace the new, encourage the improbable and the impractical, and—most importantly—do so without bias.”

Steve Elias MD FACS
Assistant Clinical Professor of Surgery
Mount Sinai School of Medicine NY
Director, Center for Vein Disease
Englewood Hospital and Medical Center NJ

Doctor Steve Elias is available for interviews please contact:

Angela Thomas (201)-503-1333
HYPERLINK "http://www.pranamarketing.com" www.pranamarketing.com

##